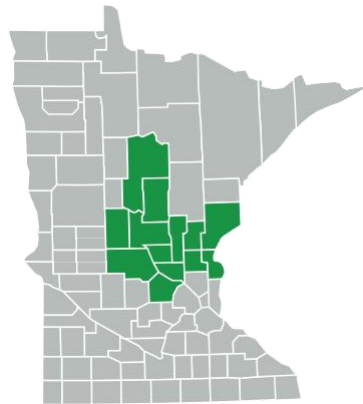
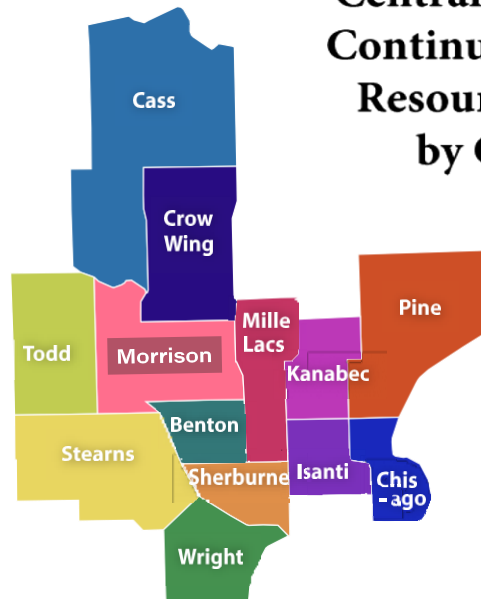




Central Minnesota Continuum of Care Resource Matrix by County



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Updated 10/25

Benton County

Benton County
Human Services
320.968.5087
<https://www.co.benton.mn.us/>

Legal Assistance

Mid MN Legal Aid
800.292.4150
<https://mylegalaid.org/>

Home Line
612.728.5767
<https://homelinemn.org/>

United Way 211
24-7 Help Hotline
Dial 211 or
800.543.7709
<https://211unitedway.org/>

Minnesota Aging and
Disability Resources
Info on housing, food, pets,
shelters, veterans,
family, youth + employment:
<https://mn.gov/adresources/>

Salvation Army
emergency assistance,
information + referral
320.252.4552
<https://centralusa.salvationarmy.org/northern/StCloud/>

Housing Resources

St. Cloud HRA
320.252.0880
<https://stcloudhra.com/>

Central MN Housing
Partnership
888.203.9301
320.259.0393
<https://www.cmhp.net/>

Tri-Cap
888.765.5597
320.251.1612
<https://tricap.org/>

LSS Housing Services
800.582.5260
320.251.7700
www.lssmn.org

Employment Help

CareerForce in St. Cloud
320.308.5320
<https://careerforce.mn.gov/saintcloud>

Transportation

Dial a Ride
320.252.1010
<https://ridemetrobust.com/dial-a-ride/>

St Cloud Metro Bus
320.251.1499
www.ridemetrobus.com

Emergency Shelters

Salvation Army-St. Cloud
800.725.2769
<https://centralusa.salvationarmy.org/northern/StCloud/>

Lincoln Center
320.342.2232
<https://homelesshelpinghomeless.org/lincoln-center/>

Catholic Charities
Transitional Housing
320.259.9270
<https://www.ccstcloud.org/services/housing/transitional>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One
866.223.1111
<https://dayoneservices.org/>

Anna Marie's Alliance
Shelter for Women + Children
24 Hour Hotline:
320.253.6900
<https://annamaries.org/>

Central MN Sexual Assault
Center
24-hour hotline:
320.251.4357
<https://cmsac.org/>

Youth Services

LSS Youth Navigator
Assists w/ short term shelter +
housing
800.582.5260
<https://www.lssmn.org/services/youth>

Animal Assistance

Tri County Humane Society
320.252.0896
<https://tricityhumanesociety.org/>

Addiction + Recovery

CMMHC Crisis Line
Counseling, detox
800.635.8008
<https://cmmhc.org/location/crisis/>

MN Mental Health
Children+Adult
800.635.8008

www.mnmentalhealth.org/emergency/

Suicide Prevention

Dial 988

988lifeline.org/

Food Resources

Catholic Charities MobileFood Shelf – Russell Arms, Wilson Apartments, and Riverside Apartments

320.229.4560

<https://ccstcloud.org/food-services>

CROSS Center

320.968.7012

<https://www.foleycrosscenter.org/>

Living Waters Lutheran Church Food Shelf

320.255.1135

<http://www.lwlcmmn.org/food-shelf/>

CARE Produce Distribution
320.968.7848

<https://careelders.org/programs/#fresh-produce>

Ruby's Pantry – Foley

320.968.7796

<https://www.rubyspantry.org/location/99>

Rice Area Food Shelf

320.393.2915

<https://www.facebook.com/RiceAreaFoodShelf/>

Meals on Wheels-Foley and Rice

320.828.6077

<https://www.ccstcloud.org/services/community/senior-dining>

Counseling Services

LSS Financial Counseling

800.582.5260

www.lssmn.org/services/financial-and-employment/financialcounseling

Mental Health MN

Free mental health support

800.862.1799

<https://mentalhealthmn.org/>

Veterans Affairs

MAC-V

Housing, Legal and employment services

833.222.6228

<https://www.mac-v.org/>

LSS Military and Veterans Services

800.582.5260

<https://www.lssmn.org/services/military-and-veterans>

Benton County Veterans Services

320.968.5000

<https://co.benton.mn.us/161/Veterans-Services>

MN Department of Veterans Affairs

888.546.5838

<https://mn.gov/mdva/>

Cass County

Cass County Human Services
218.547.1340
<https://www.casscountymn.gov/1242/Human-Services>

Leech Lake Tribal Services:
Funerals, medical expenses,
emergencies
218.335.3626
<https://llojibwe.org/>

United Way 211
24-7 Help Hotline
Dial 211 or
800.543.7709
<https://211unitedway.org/>

Minnesota Aging and
Disability Resources
Info on housing, food, pets,
shelters, veterans,
family, youth + employment:
<https://mn.gov/adresources/>

Legal Assistance

Legal Services of NW MN
877.696.6529
<https://lsnmlaw.org/>

Anishinabe Legal Services
218.335.2223
<https://alslegal.org/>

Home Line
612.728.5767
<https://homelinemn.org/>

Housing Resources

Cass County HRA
218.947.3883
<https://www.casscountyhra.com/>

Bi-Cap
800.332.7135

<https://www.bicap.org/>

Leech Lake Band of Ojibwe
Housing Authority
866.223.2233
218.335.8280
<https://llboha.org/>

United Way 211
24-7 Help Hotline
Dial 211 or
800.543.7709
<https://211unitedway.org/>

Employment Help

Leech Lake Day Labor/T.E.P.
Program
218.335.3555
<https://www.llojibwe.org/jobs/tep.html>

Rural MN CEP
218.846.7400
<https://www.rmcep.com/>

CareerForce
651.259.7500
<https://careerforce.mn.gov/connect-careerforce>

Transportation

Senior Transportation
218.547.6865
<https://www.casscountymn.gov/1603/Transportation-Services>

Emergency Shelters

Leech Lake Homeless Bena
Shelter (LLBO Members)
218.335.3607
<https://llboha.org/programs/>

Lyman "DeDe" Losh
Transitional Home

218.665.2250
<https://llojibwe.org/hs/transitionalhome.html>

Evergreen Youth Shelter
218.751.4332
<https://www.evergreenyfs.org/>

Village of Hope
218.751.0722
<https://www.bemidjivillageofhope.org/>

New Pathways Transitional
Shelter
866.274.2610
<https://www.newpathwaysmn.com/>

**Domestic Violence +
Sexual Assault**
Dial 911

Minnesota Day One
866.223.1111
<https://dayoneservices.org/>

Leech Lake Band of Ojibwe
Women's Services Program
800.442.3912
218.335.3560
<https://llojibwe.org/hs/womenservices.html>

Youth Services

LSS Youth
800.582.5260
<https://www.lssmn.org/services/youth>

Evergreen Youth Shelter
218.751.4332
<https://www.evergreenyfs.org/>

Animal Assistance Addiction + Recovery

Leech Lake Addiction &
Dependency Program
218.335.8308
<https://llojibwe.org/hs/adprogram.html>

Substance Abuse + Mental
Health Services
Administration (SAMHSA)
800.662.4357
<https://www.samhsa.gov/find-help>

Suicide Prevention

24-7 Lifeline
Call or Text 988
<https://988lifeline.org/>

Food Resources

Cass Lake Area Food Shelf
218.987.3000
<https://www.clafs.org/>

Walker Area Food Shelf
218.547.1713
<https://www.facebook.com/TheWalkerAreaFoodShelf/>

Mobile Food Pantry Program -
Cass Lake, Federal Dam, and
Backus
218.336.2312
<https://secondharvestnorthland.org/find-food/mobile-food-pantry-program/>

Loaves & Fishes - Riverview
Church
218.587.2021
<https://www.loavesandfishes>

mn.org/community-meal-sites/

Hackensack Area Food Shelf
218.675.5862
<https://www.casscountymn.gov/businessdirectoryii.aspx?bid=79>

Father's Heart & Hands Food
Shelf
218.566.3683
<http://www.harvestchurchmn.org/fathers-heart-hands-food-shelf>

Pillager Food Shelf
218.746.4009
<https://www.pillagerfamilycenter.org/programs>

Pine River Area Food Shelf
218.587.4292
<https://www.prbfamilycenter.org/food-shelf>

Longville Area Food Shelf
218.363.3348
<https://longvillefoodshelf.com/>

Loaves & Fishes - Pine
Mountaineer Senior Center
218.947.3844
<https://www.loavesandfishesmn.org/community-meal-sites/>

Counseling Services

LSS Counseling
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

Mental Health MN
800.862.1799
<https://mentalhealthmn.org/>

Region V Mental Health
24-7 Crisis Line
800.462.5525
<https://www.region5mentalhealth.com/>

Veterans Affairs

MAC-V
833.222.6228
<https://www.mac-v.org/>

Cass County Veterans
Services
218.947.7534
<https://www.casscountymn.gov/1290/Veterans-Services-Office>

Leech Lake Band of Ojibwe
Veterans Services
218.335.4481
877.777.1560
<https://llojibwe.org/tribalassistance/veterans.html>

MDVA Crisis Line
Dial 988 then Press 1
<https://www.veteranscrisisline.net/>

MN Department of Veterans
Affairs
888.LinkVet (546.5838)
<https://mn.gov/mdva/resources/familyassistance/>

Chisago County

Chisago County Health
and Human Services
888.234.1246
<https://www.chisagocountymn.gov/>

Lakes & Pines Community
Action
800.832.6082
<https://lakesandpines.org/>

United Way 211
24-7 Help Hotline
Dial 211 or
800.543.7709
<https://211unitedway.org/>

Addiction + Recovery

Alcoholics Anonymous
<https://aaminnesota.org/>

Hazelden Betty Ford
855.416.8492
<https://www.hazeldenbettyford.org/>

Suicide Prevention

Dial or Text 988
<https://988lifeline.org/>

Housing Resources

Chisago County HRA
651.674.5664
<https://chisagocounty.org/>

LSS Housing Services
800.582.5260
<https://www.lssmn.org/services/housing-and-assistance>

Housing Benefits 101
866.333.2466
<https://mn.hb101.org/>

Transportation

Arrowhead Transit
800.862.0175
<https://arrowheadtransit.com/county-schedules/>

Legal Assistance

Central MN Legal Services
877.696.6529
<https://www.centralmnlegal.org/>

MN Disability Law Center
(MDLC)
800.292.4150
<https://mylegalaid.org/disability-law-center/>

Home Line Legal (for renters)
612.728.5767
<https://homelinemn.org/>

Emergency Shelters

A Place for You (Adults only)
320.438.7070
<https://apfy.org/>

New Pathways
763.691.0121
<https://www.newpathway-smn.com/>

Domestic Violence + Sexual Assault

Dial 911

Day One
866.223.1111
<https://dayoneservices.org/>

Anna Marie's
320.253.6900
<https://annamaries.org/>

Relationship Safety Alliance
218.828.1216
<https://www.relationshipsafety.org/what-we-do>

Central MN Sexual Assault
Center
320.251.4327
<https://cmsac.org/>

Recovering Hope
Substance abuse + mental
health services
844.314.4673
<https://recoveringhope.life/home/>

Youth Services

LSS Youth
800.582.5260
<https://www.lssmn.org/services/youth>

Youth Service Bureau
651.439.8800
<https://ysb.net/>

Lakes Center for Youth &
Families
651.464.3685
<https://www.lc4yf.org/>

Family Pathways Teen
Center
651.674.8040
<https://www.familypathways.org/>

Employment Help

CareerForce
651.259.7500

<https://careerforce.mn.gov/>

Food Resources

Chisago Area Food Shelf
651.257.1300

<https://www.chisagocountymn.gov/1458/Food-Resources>

Family Pathways - Chisago City Food Shelf
651.257.1308

<https://www.familypathways.org/our-work/food-access/food-shelves/>

Family Pathways - North Branch Food Shelf
651.674.8313

<https://www.familypathways.org/our-work/food-access/food-shelves/>

Community Helping Hand
651.464.0061

<https://communityhelpinghand.org/>

Ruby's Pantry-North Branch
651.674.0009

<https://www.rubyspantry.org/location/94>

Rush City Food Shelf
320.358.4428

<https://www.facebook.com/rushcityfoodshelf/>

Fare for All - Rush City and North Branch
763.450.3860

<https://www.thefoodgroupmn.org/groceries/twin-cities-mobile-market/>

Community Center-Meals on Wheels
320.358.3611

<https://www.ccstcloud.org/services/community/senior-dining>

Manna Market
651.238.7677

<https://linwoodcovenantchurchcenter.com/calendar/event/125>

Counseling Services

Mental Health MN
Free mental health support
800.862.1799

<https://mentalhealthmn.org/>

LSS Counseling
800.582.5260

<https://www.lssmn.org/services/behavioral-health>

Crisis Hotline
800.523.3333

<https://mn.gov/dhs/people-we-serve/adults/health-care/mental-health/resources/crisis-contacts.jsp>

Veterans Services

MAC-V
833.222.6228

<https://www.mac-v.org/>

LSS Military & Veteran Services
800.582.5260

<https://www.lssmn.org/services/military-and-veterans>

Chisago County Veterans Services
651.213.5605

<https://www.chisagocountymn.gov/165/Veterans-Services>

MDVA Support Services
888.546.5838

<https://mn.gov/mdva/>

Veterans Transportation
651.213.5605

<https://www.va.gov/healthbenefits/vtp/>

Animal Assistance

Northwoods Humane
651.982.0240

<https://northwoodshs.org/>

Farmaste Sanctuary
651.400.0097

<https://www.farmaste.org/>

St. Francis of Assisi Animal Rescue
612.387.4869

<https://www.stfranimal.org/>

Crow Wing County

Crow Wing County Human
Services
218.824.1067
<https://www.crowwing.gov/>

The Salvation Army
Emergency assistance,
information & referrals
800.725.2769
<https://www.salvationarmyusa.org/utility-rent-assistance/>

Transportation

Care Cab (Medical)
320.253.7729
<https://www.carecabmn.com/>

Peoples Express
800.450.0123

Road to Recovery
800.227.2345
<https://www.cancer.org/support-programs-and-services/road-to-recovery.html>

Jefferson Lines
858.800.8898
<https://www.jeffersonlines.com/>

Housing Resources

Brainerd HRA
218.828.3705
<https://brainerdhra.org/>

LSS Housing Services
800-582-5260
<https://www.lssmn.org/services/housing-and-assistance>

CMHP
888.203.9301
<https://www.cmhp.net/>

Legal Assistance

MN Attorney General Office
800.657.3787

<https://ag.state.mn.us/>

Mid-MN Legal Aid
877.696.6529
<https://mylegalaid.org/>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One
866.223.1111
<https://dayoneservices.org/>

Relationship Safety Alliance
218.828.1216
<https://www.relationshipsafety.org/what-we-do>

Central MN Sexual Assault
Center
24-hour hotline
320-251-4357
<https://cmsac.org/>

Support Within Reach
866.747.5008
<https://www.supportwithinreach.org/service/what-should-i-do>

Emergency Shelters

New Pathways
763.691.0121
<https://www.newpathwaysmn.com/>

Salvation Army
218-829-1120
<https://centralusa.salvationarmy.org/northern/BrainerdLakes/>

The Bridge on 7th
218.825.7682
<https://www.bridgesofhope.mn.org/>

Employment Help

CareerForce
218.892.3340
<https://careerforce.mn.gov/brainerd>

Experience Works (55+)
866-397-9757
<https://www.brainerd.com/business/experience-works-senior-community-services/>

Youth Services

LSS Youth
800.582.5260
<https://www.lssmn.org/services/youth>

Kinship Partners for children
+ youth
218.829.4606

Animal Assistance

Heartland Animal Rescue
Team
218.829.4141
<https://hartpets.org/>

Silver Dragon Pets
<https://silverdragonpets.weebly.com/>

Addiction + Recovery

Heartland Recovery Services
218.270.3001

Addiction Crisis Hotline
800.635.8008
<https://cmmhc.org/crisis/>

Alcoholics Anonymous
<https://aaminnesota.org/>

Suicide Prevention

Dial or Text 988
<https://988lifeline.org/>

Northern Pines Mental Health
320.639.2025
<https://www.npmh.org/services/crisis-services>

Mental Health Urgent Care
Clinic
218.454.800
<https://www.npmh.org/services/crisis-services>

Food Resources

Sharing Bread Soup Kitchen
218.829.4203
<https://www.sharingbread.com/>

Operation
Sandwich 218.825.7682
<https://www.bridgesofhopemn.org/operation-sandwich>

Care 'N Share Cafe of Emily
218.763.4376
<https://www.facebook.com/p/Care-N-Share-of-Emily-MN-100093431154456/>

Ruby's Pantry – Brainerd
651.674.0009
<https://www.rubyspantry.org/location/53>

Cuyuna Range Food Shelf
218.546.3139
<https://cuyunarangefoodshelf.com/>

LSS Meals-Crosslake, Crosby,
Emily, and Pequot Lakes
800.488.4146
<https://www.lssmn.org/contact?keywords=LSS%20Meals&page=1>

Mobile Food Pantry Program
– Brainerd
218.336.2312
<https://secondharvestnorthland.org/find-food/mobile->

[food-pantry-program/](#)

Garrison Area Care Givers
(Food Assistance)
320.692.5399
<https://www.facebook.com/p/Garrison-Area-Caregivers-100068486887141/>

Blessing Shelves of First
Baptist
218.829.5767
<https://www.firstbaptistchurchbaxter.org/#services/>

The Brainerd Salvation Army
218.829.1120
<https://centralusa.salvationarmy.org/northern/BrainerdLakes/cure-hunger/>

Emily Food Shelf
218.763.3663
<https://www.emilyfoodshelf.com>

Central Lakes College Food
Pantry - Brainerd Campus
and Staples Campus
952.807.3279
<https://www.clcmn.edu/clc-food-pantry/>

Senior Dining, Pequot Lakes
218.568.4909
<https://brainerdcommunityaction.org/wp-content/uploads/2018/02/SeniorServices.pdf>

Lakes Area Food Shelf
218.568.8474
<https://lakesareafoodshelf.org/>

Counseling Services

LSS Counseling
800.582.5260

<https://www.lssmn.org/services/behavioral-health>

Wellness in the Woods
844.739.6369
<https://mnwitw.org/>

Veterans Affairs

MAC-V
Housing, Legal and
employment services
833.222.6228
<https://www.mac-v.org/>

Crow Wing County Veterans
Affairs
218.824.1058
<https://www.crowwing.gov/209/Veteran-Services>

Veterans Administration
800.698-2411
<https://www.va.gov/>

MDVA Crisis Line
Confidential help for Veterans
and their families
Dial 988 then press 1
Or Text 838255

LSS Military & Veteran
Services
800.582.5260
<https://www.lssmn.org/services/military-and-veterans>

Isanti County

Isanti County Health & Human Services
763.689.1711

<https://www.co.isanti.mn.us/170/Health-and-Human-Services>

Legal Assistance

Isanti County Legal Advice Clinic

877-696-6529

<https://www.lawhelpmn.org/lookon/services/isanti-county-legal-advice-clinic>

MN Disability Law Center
800.292.4150

<https://mylegalaid.org/disability-law-center/>

Mid MN Legal Aid

877-696-6529

<https://mylegalaid.org/>

Housing Resources

Mora HRA

320.679.4789

<https://morahra.org/housing-assistance-programs/>

Lakes and Pines Community Action Council

320.679.1800

<https://lakesandpines.org/>

Transportation

Arrowhead Transit

800.862.0175

<https://arrowheadtransit.com/>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One
866.223.111

<https://dayoneservices.org/>

Relationship Safety Alliance
218.828.1216

<https://www.relationshipsafety.org/what-we-do>

Central MN Sexual Assault Center

24-hour hotline

320-251-4357

<https://cmsac.org/>

Emergency Shelters

New Pathways

763.691.0121

<https://www.newpathwaysmn.com/>

A Place for You

320.438.7070

<https://apfy.org/>

Employment Help

CareerForce in Cambridge

763.645.1313

<https://careerforce.mn.gov/cambridge>

Rise Inc.

651.257.2281

<https://rise.org/program/lets-get-to-work-greater-mn/>

Youth Services

LSS Youth

800.582.5260

<https://www.lssmn.org/services/youth>

Teen Focus Recovery Center
833.787.9718

<https://recovered.org/rehabs/teen-focus-recovery-center-2-mora-mn>

Animal Assistance

Isanti County Humane Society
763.689.2334

https://www.animalshelter.org/shelters/Isanti_County_Humane_Society_rId2518_rS_pC.html#google_vignette

Substance Addiction + Recovery

Substance Abuse & Mental Health Services

Administration (SAMHSA)

877.726.4727

<https://www.samhsa.gov/>

Suicide Prevention

Dial or Text 988

<https://988lifeline.org/>

Food Resources

Braham Area Food Shelf and Senior Meals

320.425.9077

<https://www.tusentack.org/braham-food-shelf>

Cambridge Surplus Food Distribution

(612) 402-6100

<https://www.facebook.com/people/Cambridge-Surplus-Food-Distribution/100064330465927/>

Ruby's Pantry – Isanti

612) 237-7293

<https://www.rubyspantry.org/location/82>

Family Pathways - Cambridge
Food Shelf
763) 552-3663
<https://www.familypathways.org/our-work/food-access/food-shelves/>

Isanti County Food Pantry
<https://firstbaptistcambridge.org/home>

Family Pathways - Mobile
Food Truck
(651) 674-8040
<https://www.familypathways.org/our-work/food-access/mobile-food/>

Counseling Services

LSS Counseling
800.582.5260

Lighthouse Child & Family
Services
320.983.2335

Mental Health MN
Free mental health support
9 am - 9pm 7 days a week
833.437.3466

Veterans Affairs

MAC-V
Housing, Legal and
employment services
833.222.6228
<https://www.mac-v.org/>

LSS Military & Veteran
Services
800.582.5260
<https://www.lssmn.org/services/military-and-veterans>

Isanti County Veterans
Service Office
763.689.3591
<https://www.co.isanti.mn.us/>

[358/Veterans-Services](#)

Veterans Administration
800.698-2411
<https://www.va.gov/>

MDVA Crisis Line
Dial 988 then press 1
or Text 838255Kanabec County

Kanabec County Family
Services
320.679.6350
https://www.kanabeccounty.org/departments/family_services.php

Legal Assistance

Justice North
877.696.6529
<https://www.justicenorth.org/>

Law Help MN
<https://www.lawhelpmn.org/>

Home Line (for Renters)
612-728-5767
<https://homelinemn.org>

Housing Resources

Mora HRA Housing
320.679.4789
<https://morahra.org/>

Lakes & Pines CAC
800.832.6082
<https://www.lakesandpines.org/>

Transportation

Timber Trails Public Transit
320-364-1350
<https://timbertrailstransit.com/>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One
866.223.111
<https://dayoneservices.org/>

Family Pathways
800-338-7233
<https://www.familypathways.org/>

Relationship Safety Alliance
218.828.1216
<https://www.relationshipsafety.org/what-we-do>

Central MN Sexual Assault
Center
320.251.4357
<https://cmsac.org/>

Employment Help

CareerForce in Mora
320.679.6484
<https://careerforce.mn.gov/mora>

Emergency Shelters

New Pathways Cambridge
(Families w/ children)
763.691.0121
<https://www.newpathwaysmn.com/>

Family Pathways
800-338-7233
<https://www.familypathways.org/>

True Directions (For Sober
Men)
320.679.1936
<https://www.truedirectionsin.com/serenity-manor/>

Youth Services

LSS Youth
800.582.5260
<https://www.lssmn.org/services/youth>

Lakes Center for Youth & Family
651.464.3685
<https://www.lc4yf.org/>

Animal Assistance

Almost Home Animal Shelter
320.679.5376
https://www.animalshelter.net/shelter/3243/almost-home-shelter/#google_vignette

Northwoods Humane Society
651-982-0240
<https://northwoodshs.org/>

Substance Addiction + Recovery

Substance Abuse & Mental Health Services Administration (SAMHSA)
877.726.4727
<https://www.samhsa.gov/>

Suicide Prevention

Dial or Text 988
<https://988lifeline.org/>

Food Resources

Braham Area Food Shelf
320.425.9077
<https://tusentack.org/braham-food-shelf>

Mora Food Pantry
320.679.5513
<https://www.facebook.com/morafoodpantry/>

Mobile Food Pantry Program – Ogilvie
218.336.2312
<https://secondharvestnorthland.org/find-food/mobile-food-pantry-program/>

Soup for the Soul - Food Distribution Center
320.679.2530
<https://www.facebook.com/soupforthesoulmora/>

Ogilvie Food Shelf
320.703.8025
<https://www.facebook.com/people/Ogilvie-Food-Shelf/100067206874732/>

Counseling Services

LSS Counseling
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

Northern Pines Mental Health Center
320.639.2025
<https://www.npmh.org/>

Mental Health MN
Free mental health support
9 am - 9pm 7 days a week
800.862.1799
<https://mentalhealthmn.org/>

Veterans Assistance

MAC-V
833.222.6228
<https://www.mac-v.org/>

LSS Military & Veteran Services
800.582.5260
<https://www.lssmn.org/services/military-and-veterans>

Kanabec County Veterans Services
320.679.6380
https://www.kanabecounty.org/departments/veterans_services.php

U.S. Department of Veterans Affairs
800.698.2411
<https://www.va.gov/>

Veterans Crisis Line
Dial 988 then press 1
<https://www.linkvet.org/s/>

MDVA Support Services
888.546.5838
<https://mn.gov/mdva/>

Kanabec County

Kanabec County Family
Services

320.679.6350

[https://www.kanabeccounty.org/departments/family_services.php](https://www.kanabecounty.org/departments/family_services.php)

Legal Assistance

Justice North

877.696.6529

<https://www.justicenorth.org/>

Law Help MN

<https://www.lawhelpmn.org/>

Home Line (for Renters)

612-728-5767

<https://homelinemn.org>

Housing Resources

Mora HRA

320.679.4789

<https://morahra.org/>

Lakes & Pines Community
Action

800.832.6082

<https://www.lakesandpines.org/>

Eastwood Life Enrichment
Center

320.679.4789

<https://morahra.org/life-enrichment-center/>

Transportation

Timber Trails Public Transit

320.364.1350

<https://timbertrailstransit.com/>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One

866.223.111

<https://dayoneservices.org/>

Anna Marie's Alliance

Shelter for Women + Children

24 Hour Hotline:

320.253.6900

<https://annamaries.org/>

Central MN Sexual Assault
Center

320.251.4357

<https://cmsac.org/>

Employment Help

CareerForce in Mora

320.679.6484

<https://careerforce.mn.gov/mora>

Emergency Shelters

New Pathways Cambridge

(Families w/ children)

763.691.0121

<https://www.newpathwaysmn.com/>

Family Pathways

Open 24 hours + housing &
support for victims of
domestic abuse

651.674.8040

<https://www.familypathways.org/>

True Directions Sober Living
Programs

320.679.1936

<https://www.truedirectionsin.com/>

Youth Services

LSS Youth

800.582.5260

<https://www.lssmn.org/services/youth>

Lakes Center for Youth &
Family

651.464.3685

<https://www.lc4yf.org/>

Animal Assistance

Almost Home Animal Shelter

320.679.5376

<https://www.adoptapet.com/shelter/76981-almost-home-animal-shelter-mora-minnesota>

Northwoods Humane Society

651.982.0458

<https://northwoodshs.org/>

Substance Abuse

Recovering Hope Treatment
Center

844.314.4673

<https://recoveringhope.life/home/>

True Directions Sober Living
Programs

320.679.1936

<https://www.truedirectionsin.com/>

Suicide Prevention

Dial or Text 988

<https://988lifeline.org/>

Food Resources

Soup for the Soul - Food
Distribution Center

320.679.2530

<https://www.facebook.com/soupforthesoulmora/>

Senior Dining/Meals on
Wheels
320.272.4288

Mobile Food Pantry Program
– Ogilvie
218.336.2312
<https://secondharvestnorthland.org/find-food/mobile-food-pantry-program/>

Ogilvie Food Shelf
320.703.8025
<https://www.facebook.com/people/Ogilvie-Food-Shelf/100067206874732/>

Mora Food Pantry
320.679.5513
<https://www.facebook.com/morafoodpantry/>

Counseling Services

LSS Counseling
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

Northern Pines Mental Health
Center
320.639.2025
<https://www.npmh.org/>

Mental Health MN
Free mental health support
9 am - 9pm 7 days a week
800.862.1799
<https://mentalhealthmn.org/>

Veteran Assistance

MAC-V
833.222.6228
<https://www.mac-v.org/>

LSS Military & Veteran
Services
800.582.5260
<https://www.lssmn.org/services/military-and-veterans>

[es/military-and-veterans](https://www.lssmn.org/services/military-and-veterans)

Kanabec County Veterans
Services
320.679.6380
https://www.kanabeccounty.org/departments/veterans_services.php

U.S. Department of Veterans
Affairs
800.698.2411
<https://www.va.gov/>

Veterans Crisis Line
Dial 988 then press 1
<https://www.linkvet.org/s/>

MDVA Support Services
888.546.5838
<https://mn.gov/mdva/>

Mille Lacs County

Mille Lacs County
Community and Veterans
Services

320.983.8208

<https://millelacs.mn.gov/1177/Community-Veterans-Services>

Mille Lacs Band of Ojibwe
Human Services

<https://millelacsband.com/government/resources1/community-support>

Legal Assistance

Justice North

877.696.6529

<https://www.justicenorth.org/>

Law Help MN

<https://www.lawhelpmn.org/>

Home Line (for Renters)

612-728-5767

<https://homelinemn.org>

Transportation

Loving Hands Transportation

763.607.8700

<https://lovinghandstransportation.com/>

Tri-Cap Inc. Transportation
Services

888.765.5597

<https://tricap.org/what-we-do/basic-needs/public-transportation/>

Housing Resources

Lakes & Pines CAC

800.832.6082

<https://www.lakesandpines.org/>

Employment Help

Central MN Jobs & Training
Services

218.284.7425

<https://www.cmjts.org/>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One

866.223.1111

<https://dayoneservices.org/>

Mille Lacs Band Victim's
Services Shelter (Tribal
membership not required)

<https://www.millelacs.mn.gov/1228/Victims-Services>

320.362.1958

866.867.4006

Anna Marie's Alliance

Shelter for Women + Children

24 Hour Hotline:

320.253.6900

<https://annamaries.org/>

Central MN Sexual Assault
Center

320.251.4357

<https://cmsac.org/>

Pearl Crisis Center

24/7 Domestic Violence
Hotline

800.933.6914

<http://www.pearlcrisiscenter.com/>

Youth Services

Nexus Family Healing

320-532-4005

<https://www.nexusfamilyhealing.org/nexus-mille-lacs-family-healing/residential-treatment-programs>

Animal Assistance

Ruff Start

763.355.3981

<https://ruffstartrescue.org/>

Substance Addiction + Recovery

Freedom Center

763.308.0006

<https://freedomcenterinc.org/>

Mille Lacs Band of Ojibwe
Substance Use Disorder
Services

320.532.4181

<https://millelacsband.com/government/resources1/substance-use-disorder-services>

Suicide Prevention

Dial or Text 988

<https://988lifeline.org/>

Food Resources

Milaca Area Pantry

320.982.3773

<https://milacapantry.wixsite.com/milacapantry>

Family Pathways Onamia

Food Shelf

320.532.7665

<https://www.familypathways.org/our-work/food-access/food-shelves/>

Mille Lacs Band of Ojibwe
Food Shelf
320.532.7880
<https://millelacsband.com/government/resources1/department-of-health-human-services/emergency-services>

Isle Area Food Shelf
320.250.4467

Princeton Pantry
763.220.5199
<https://sites.google.com/princetonpantrymn.com/princetonpantry/home>

Mobile Food Pantry Program
– Onamia
218.336.2312
<https://secondharvestnorthland.org/find-food/mobile-food-pantry-program/>

Counseling Services

Mille Lacs Band of Ojibwe
Mental Health Services
320-674-4385
<https://millelacsband.com/government/resources1/mental-health-services>

LSS Behavioral Health
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

Wellness in the Woods
24/7 Warmline
84.739.6369
<https://mnwitw.org/>

Mental Health MN
Free mental health support
9 am - 9pm 7 days a week
800.862.1799
<https://mentalhealthmn.org/>

Veterans Affairs

MAC-V
833.222.6228
<https://www.mac-v.org/>

LSS Military & Veteran
Services
800.582.5260
<https://www.lssmn.org/services/military-and-veterans>

Mille Lacs County Veterans
Service
320.983.8208
<https://millelacs.mn.gov/1177/Community-Veterans-Services>

U.S. Department of
Veterans Affairs
800.698.2411
<https://www.va.gov/>

Veterans Crisis Line
Dial 988 then press 1
<https://www.linkvet.org/s/>

MDVA Support Services
888.546.5838
<https://mn.gov/mdva/>

Morrison County

Morrison County Social Services
320.632.0296
<https://www.morrisoncountymn.gov/678/HEALTH-HUMAN-SERVICES>

Legal Assistance

Mid-MN Legal Aid
1-877-696-6529
<https://mylegalaid.org/>

Home Line (for Renters)
612-728-5767
<https://homelinemn.org>

Law Help MN
<https://www.lawhelpmn.org/>

Central MN Legal Services
320.253.0138
<https://www.centralmnlegal.org/>

Transportation

Friendly Rider
218.631.5730
<https://friendlyrider.com/>

Tri-Cap
320.251.1612
<https://tricap.org/what-we-do/basic-needs/public-transportation/>

Housing Resources

Morrison County HRA
320.632.4506

LSS HOPE Housing
218.824.1437
<https://www.lssmn.org/services/housing-and-assistance>

Little Falls HRA
320.616.5500
<https://www.cityoflittlefalls.com/housing-authority>

Oasis Central Minnesota
320.632.9140
<https://www.oasiscentralmn.org/>

Suicide Prevention

Dial or Text 988
<https://988lifeline.org/>

Employment Help

CareerForce
320.232.2000
<https://careerforce.mn.gov/littlefalls>

Emergency Shelters

Oasis Central MN
320.632.9140
<https://www.oasiscentralmn.org/>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One
866.223.111
<https://dayoneservices.org/>

Hands of Hope
320-632-4878
<https://handsofhope.net/>

Relationship Safety Alliance
218.828.1216
<https://www.relationshipsafety.org/what-we-do>

Central MN Sexual Assault Center
320.251.4357
<https://cmsac.org/>

Youth Services

LSS Youth
800.582.5260
<https://www.lssmn.org/services/youth>

Kinship - Youth Mentoring
320.632.8806
<https://kinshipofmc.org/>

Animal Assistance

Animal Humane
320.632.0703
<http://www.mcahs.org/>

Substance Addiction + Recovery

Restoring Hope
Substance Abuse & MH Services
320.639.2193
<https://restoringhopesudservices.clientsecure.me/>

Sobriety First LLC
320.251.0035
<https://www.sobrietyfirstllc.com/>

Food Resources

Morrison County Food Shelf
320.632.8304
<https://www.facebook.com/MCfoodshelf/>

Ruby's Pantry
651.674.0009
<https://www.rubyspantry.org/location/85>

Pierz Area Food Shelf
320.468.7134
<https://www.pierzmn.org/index.asp?SEC=FBAC93AC-9857-4694-AB31-2EDC8ED19CA6>

Motley Area Food Shelf
218.352.6344
<https://www.kpswecker.com/foodshelf>

Counseling Services

LSS Behavioral Health
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

Northern Pines Mental Health Center
320.639.2025
https://www.npmh.org/locations/little-falls-clinic?utm_source=2060digital&utm_medium=localseo&utm_campaign=littlefalls

True Balance Counseling
320.632.5524
<https://truebalancefarm.com/>

Morrison County Children's Mental Health
Ages 0 - 21 years old
320.632.7800
<https://www.morrisoncountymn.gov/208/Childrens-Mental-Health>

Veterans Affairs

MAC-V
Housing, Legal and employment services
833.222.6228
<https://www.mac-v.org/>

LSS Military & Veteran Services
800.582.5260
<https://www.lssmn.org/services/military-and-veterans>

Morrison County Veterans Services
320.632.0290
<https://www.morrisoncountymn.gov/217/VETERANS-SERVICES>

U.S. Department of Veterans Affairs
800-698-2411
<https://www.va.gov/>

MDVA Crisis Line
Confidential help for Veterans and their families
Dial 988 x1
<https://www.veteranscrisisline.net/>

Veterans Linkage Line
888-546-5838
<https://www.linkvet.org/s/>

Pine County

Pine County Health & Human Services

800.450.7463

https://www.pinecountymn.gov/departments/health_and_human_services/index.php

Legal Assistance

Justice North-Pine City

320.629.7166

<https://www.justicenorth.org/>

Home Line (for Renters)

612.728.5767

<https://homelinemn.org>

Law Help MN

<https://www.lawhelpmn.org/>

Animal Assistance

Northwoods Humane Society

651.982.0240

<https://northwoodshs.org/>

Housing Resources

Pine County Housing Authority

320.591.0019

https://www.pinecountymn.gov/government/housing_and_redevelopment_authority/index.php

Central MN Housing

Partnership

320.259.0393

888.203.9301

<https://www.cmhp.net/>

Lakes and Pines CAC

800.832.6082

<https://www.lakesandpines.org/>

Transportation

Arrowhead Transit

800.862.0175

<https://arrowheadtransit.com>

Attaboys' Taxi Service

320.630.0563

Emergency Shelters

A Place For You

transitional shelter for adults

320.438.7070

<https://apfy.org/>

New Pathways Transitional

Shelter for families

763.691.0121

<https://www.newpathwaysmn.com/>

Pine River HRA

218.587.4929

<https://www.pineriverhra.net/>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One

866.223.111

<https://dayoneservices.org/>

Family Pathways

Emergency Domestic Violence Shelter

24-hour Hotline

877.321.7100

<https://www.familypathways.org/>

Youth Services

LSS Youth

800.582.5260

<https://www.lssmn.org/services/youth>

Employment

Central MN Jobs & Training Services

800.284.7425

<https://www.cmjts.org/>

Addiction + Recovery

EOSIS (formerly Meridian Behavioral Health)

952.843.4149

<https://eosisrecovery.com/>

Substance Abuse + Mental Health Services

Administration (SAMHSA)

877.487.4889

<https://www.samhsa.gov/>

Food Resources

Family Pathways Sandstone Food Shelf

320.245.2485

<https://www.familypathways.org/our-work/food-access/food-shelves/>

Family Pathways Pine Food Shelf

320.629.0128

<https://www.familypathways.org/our-work/food-access/food-shelves/>

Willow River Meals on Wheels

320.828.6077

<https://www.ccstcloud.org/services/community/senior-dining>

Ruby's Pantry – Askov

651.674.0009

<https://rubyspantry.org/locati>

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Angels of Hope Food Shelf
320.336.9191
<https://angelssofhopefoodshelf.weebly.com/contact.html>

Counseling Services

LSS Behavioral Health
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

Lighthouse Child & Family Services
320.983.2335
<https://lighthousecfs.com/>

Mental Health MN
Free mental health support
9 am - 9 pm 7 days a week
800.862.1799
<https://mentalhealthmn.org/>

Suicide Prevention

Dial or Text 988
<https://988lifeline.org/>

Veteran Assistance

MAC-V
Housing, Legal and employment services
833.222.6228
<https://www.mac-v.org/>

Pine County Veterans Services
320.216.4250
<https://www.pinecountymn.gov/departments/veterans/index.php>

LSS Military & Veteran Services
800.582.5260
<https://www.lssmn.org/services/military-and-veterans>

MDVA Crisis Line
Confidential help for Veterans and their families
Dial 988 x1
<https://www.veteranscrisisline.net/>

U.S. Department of Veterans Affairs
800.698.2411
<https://www.va.gov/>

Veterans Linkage Line
888.546.5838
<https://www.linkvet.org/s/>

Sherburne County

Sherburne County Health & Human Services
800.433.5239
<https://www.co.sherburne.mn.us/>

Legal Assistance

Mid-MN Legal Aid
320.253.0121
<https://mylegalaids.org/>

Home Line (for Renters)
612.728.5767
<https://homelinemn.org>

Law Help MN
<https://www.lawhelpmn.org/>

Housing Resources

St. Cloud HRA
320.252.0880
<https://stcloudhra.com/>

Central MN Housing Partnership
320.259.0393
<https://www.cmhp.net/>

Tri-Cap
320.251.1612
<https://tricap.org/>

Employment Help

Central MN Jobs + Training Services
800.284.7425
<https://www.cmjts.org/>

CareerForce
763.271.3700
<https://careerforce.mn.gov/monticello>

Transportation

Tri-Cap
320.251.1612
<https://tricap.org/>

St Cloud Metro Bus
320.251.1499
<https://ridemetrobus.com>

Loving Hands Transportation
763.607.8700
<https://lovinghandstransportation.com/>

Emergency Shelters

Salvation Army-St. Cloud
320.252.4552
<https://www.salvationarmyusa.org/mn/saint-cloud/highway-10-south-corps/>

Place of Hope
320.203.7881
<https://www.placeofhopemissionistries.com/>

Lincoln Center
612.868.0465
<https://homelesshelpinghomeless.org/>

Catholic Charities Transitional Housing
320.259.9270
<https://www.ccstcloud.org/services/housing/transitional>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One
866.223.1111
<https://dayoneservices.org/>

Anna Marie's Alliance Shelter for Women + Children
24 Hour Hotline:
320.253.6900
<https://annamaries.org/>

Central MN Sexual Assault Center
24-hour hotline:
320.251.4357
<https://cmsac.org/>

Animal Assistance

Tri-County Humane Society
320.252.0896
<https://tricityhumanesociety.org/>

Youth Services

LSS Youth
800.582.5260
<https://www.lssmn.org/services/youth>

Catholic Charities-Services for Homeless Youth (SHY)
320.229.6035
<https://www.ccstcloud.org/services/housing/homeless-youth>

Addiction + Recovery

CMMHC Crisis Line
320.253.5555
<https://cmmhc.org/>

Al-Anon
<https://aaminnesota.org/>

Substance Abuse + Mental Health Services Administration (SAMHSA)
877.487.4889
<https://www.samhsa.gov/>

Food Resources

CAER Food Shelf
and Kids Weekend CAER-
Package
763.441.1020
<https://www.caerfoodshelf.org/food-shelf>

Becker Food Shelf
763.275.0171
<https://ci.becker.mn.us/205/Food-Shelf>

Meals on Wheels-Becker, Big
Lake, Elk River, and
Zimmerman
763.441.6288
<https://www.ccstcloud.org/services/community/senior-dining>

Community Table
763.228.2775
<https://www.community-table.com/>

Big Lake Senior Diner's Club
320.229.4584
<https://www.ccstcloud.org/clubborns-senior-dining-club>

Big Lake Community Food
Shelf
763.263.2432
<https://blcfs.org/programs-services/#foodassistance>

Princeton Senior Dining and
Meals on Wheels
763.389.4602
<https://www.ccstcloud.org/services/community/senior-dining>

St. Cloud Salvation Army-
Community Meals and Food
Shelf
320.252.4552

<https://centralusa.salvationarmy.org/northern/StCloud/current-hunger/>

Passing the Bread Food
Distribution
763.568.5114
<https://www.passingthebread.com/>

Faith Pantry
763.856.3600
<https://faithclc.com/Faith-Pantry>

God's Grub
763.263.2209
<https://www.saron.org/gods-grub>

Counseling Services

LSS Behavioral Health
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

Mental Health MN
Free mental health support
9 am - 9 pm 7 days a week
800.862.1799
<https://mentalhealthmn.org/>

Suicide Prevention

Dial or Text 988
<https://988lifeline.org/>

Veteran Assistance

MAC-V
Housing, Legal and
employment services
833.222.6228
<https://www.mac-v.org/>

LSS Military & Veteran
Services
800.582.5260
<https://www.lssmn.org/services/military-veteran>

[es/military-and-veterans](https://www.co.sherburne.mn.us/228/Veterans-Services)

Sherburne County Veterans
Services
763.765.3100
<https://www.co.sherburne.mn.us/228/Veterans-Services>

MDVA Crisis Line
Confidential help for Veterans
and their families
Dial 988 x1
MDVA Support Services
888.546.5838
<https://www.veteranscrisisline.net/>

U.S. Department of Veterans
Affairs
800.698.2411
<https://www.va.gov/>

Veterans Linkage Line
888.546.5838
<https://www.linkvet.org/s/>

Stearns County

Stearns County Human Services
320.656.6000
<https://www.stearnscountymn.gov/1479/Human-Services>

Legal Assistance

Mid-Minnesota Legal Aid
877.696.6529
<https://mylegalaaid.org/>

Home Line (for Renters)
612.728.5767
<https://homelinemn.org>

Law Help MN
<https://www.lawhelpmn.org/>

Transportation

Tri-Cap
320.251.1612
<https://tricap.org/>

St Cloud Metro Bus
320.251.1499
<https://ridemetrobus.com>

Metro Bus Dial-A-Ride
Paratransit Service
320.252.1010
<https://ridemetrobus.com/dial-a-ride/>

Housing Resources

Central MN Housing Partnership
320.259.0393
<https://www.cmhp.net/>

LSS Hope Housing Services
218.824.1437

<https://www.lssmn.org/services/housing-and-assistance/housing-support-services>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One
866.223.1111
<https://dayoneservices.org/>

Anna Marie's Alliance
Shelter for Women + Children
24 Hour Hotline:
320.253.6900
<https://annamaries.org/>

Central MN Sexual Assault Center
24-hour hotline:
320.251.4357
<https://cmsac.org/>

Terebinth Refuge
320.828.7721
<https://terebinthrefuge.org/>

Emergency Shelters

Salvation Army-St. Cloud
320.252.4552
<https://www.salvationarmyusa.org/mn/saint-cloud/highway-10-south-corps/>

Place of Hope
320.203.7881
<https://www.placeofhopemissionistries.com/>

Lincoln Center
612.868.0465

<https://homelesshelpinghomeless.org/>

Catholic Charities
Transitional Housing
320.259.9270
<https://www.ccstcloud.org/services/housing/transitional>

Employment Help

CareerForce in St. Cloud
320.308.5320
<https://careerforce.mn.gov/saintcloud>

Avivo
612.752.8000
<https://avivomn.org/>

Animal Assistance

Tri-County Humane Society
320.252.0896
<https://tricityhumanesociety.org/>

Addiction + Recovery

Sobriety First LLC
320.251.0035
<https://www.sobrietyfirstllc.com/>

CMMHC Crisis Line
320.253.5555
<https://cmmhc.org/>

Al-Anon
<https://aaminnesota.org/>

Substance Abuse + Mental Health Services Administration (SAMHSA)
877.487.4889
<https://www.samhsa.gov/>

Youth Services

LSS Kids & Youth Resiliency Services

320.529.9357

<https://www.lssmn.org/services/behavioral-health/specialties/childrens-therapeutic-services/central>

LSS Youth
800.582.5260

<https://www.lssmn.org/services/youth>

Catholic Charities-Services for Homeless Youth (SHY)
320.229.6035

<https://www.ccstcloud.org/services/housing/homeless-youth>

Youth Resource Center
320.316.1640

<https://www.lssmn.org/services/youth-homelessness/brainerd/youth-resource-center-st-cloud>

Suicide Prevention

Dial or Text 988

<https://988lifeline.org/>

Food Resources

Albany Food Shelf
320.845.2343

Avon Food Shelf
320.333.7897

Catholic Charities Mobile Food Shelf – Empire Apartments, River Heights, Al Loehr, Grace McDowall, Linden Grove Apartments, and Hope on 9th
320.229.4560

<https://www.ccstcloud.org/food-services>

Holdingford Area Food Shelf
320.746.2637

<https://holdingford.gov/>

Ruby's Pantry - Sauk Centre
651.674.0009

<https://www.rubyspantry.org/location/101>

Celebration Lutheran Church Free Community Store
320.255.0488 ext. 109
<https://www.celebrationlutheranchurch.com/care-01>

Paynesville Community Service Center Food Shelf
320.243.4953

<https://www.paynesvillecommunityservicecenter.org/>

ROCORI Area Food Shelf
320.685.8787
<http://rocoriareafoodshelf.org/>

Hope for the Community
763.757.4266
<https://hopeforthecommunity.com/>

Sartell Meals on Wheels and Congregate Dining
320.828.6077
<https://www.ccstcloud.org/services/community/senior-dining>

St. Cloud Meals on Wheels and Congregate Dining
320.229.4584
<https://www.ccstcloud.org/services/community/senior-dining>

Melrose Area Food Shelf
320.256.2555

BBE Area Food Shelf
320.346.4193
<https://www.belgrademn.com/index.asp?SEC=D13D97A5-81B8-4186-BB6A-C2FA43B3A1B0&DE=81DE6236-FA05-424D-A5E4-11FA02D37233>

Fare for All - St. Joseph
763.450.3860
<https://www.thefoodgroupmn.org/groceries/fare-for-all/schedule/>

Sauk Centre Food Shelf
320.351.2287
<https://www.communityconnectionsaukcentre.com/>

Catholic Charities Emergency Services – St. Cloud Food Shelf
320.229.4560
<https://www.ccstcloud.org/food-services>

Kimball Area Food Shelf
320.398.3415
<https://kimballfoodshelf.com/contact-us>

Counseling Services

LSS Behavioral Health
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

CMMHC Crisis Line
320.253.5555
<https://cmmhc.org/>

Mental Health MN
Free mental health support
9 am - 9 pm 7 days a week
800.862.1799

<https://mentalhealthmn.org/>

Veteran Assistance

MAC-V

Housing, Legal and
employment services

833.222.6228

<https://www.mac-v.org/>

LSS Military & Veteran
Services

800.582.5260

<https://www.lssmn.org/services/military-and-veterans>

St. Cloud VA Medical Center

320.252.1670

<https://www.va.gov/st-cloud-health-care/>

Stearns County Veteran
Services

320.656.6176

<https://www.stearnscountymn.gov/369/Veteran-Services>

MDVA Crisis Line

Confidential help for Veterans
and their families

Dial 988 x1

MDVA Support Services

888.546.5838

<https://www.veteranscrisisline.net/>

U.S. Department of Veterans
Affairs

800.698.2411

<https://www.va.gov/>

Veterans Linkage Line

888.546.5838

<https://www.linkvet.org/s/>

Todd County

Todd County Health & Human Services
320.732.4500
co.todd.mn.us
https://www.toddcountymn.gov/government/departments/health_and_human_services/index.php

United Way 211
24-7 Help Hotline
Dial 211 or
320.252.0227
<https://www.unitedwayhelps.org/>

Legal Assistance

Mid-Minnesota Legal Aid
877.696.6529
<https://mylegalaid.org/>

Home Line (for Renters)
612.728.5767
<https://homelinemn.org>

Law Help MN
<https://www.lawhelpmn.org/>

Emergency Shelters

Salvation Army-St. Cloud
320.252.4552
<https://www.salvationarmyusa.org/mn/saint-cloud/highway-10-south-corps/>

Place of Hope
320.203.7881
<https://www.placeofhopeministries.com/>

Lincoln Center
612.868.0465
<https://homelesshelpinghomeless.org/>

Catholic Charities
Transitional Housing
320.259.9270
<https://www.ccstcloud.org/services/housing/transitional>

Oasis Central MN
320.632.9140
<https://www.oasiscentralmn.org/>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One
866.223.111
<https://dayoneservices.org/>

Hands of Hope
320.632.4878
<https://handsofhope.net/>

Relationship Safety Alliance
218.828.1216
<https://www.relationshipsafety.org/what-we-do>

Central MN Sexual Assault Center
320.251.4357
<https://cmsac.org/>

Youth Services

LSS Youth
800.582.5260
<https://www.lssmn.org/services/youth>

Addiction + Recovery

Restoring Hope
Substance Abuse & MH Services
320.639.2193
<https://restoringhopesudservices.clientsecure.me/>

Sobriety First LLC
320.251.0035
<https://www.sobrietyfirstllc.com/>

Animal Assistance

Tri-County Humane Society
320.252.0896
<https://tricityhumanesociety.org/>

Food Resources

Long Prairie Emergency Food Pantry
320.732.0979
<https://www.facebook.com/kris.LPfoodpantry/>

Browerville Area Food Shelf
320.266.8863
<https://www.facebook.com/food4others/>

Counseling Services

LSS Behavioral Health
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

Mental Health MN
Free mental health support
9 am - 9 pm 7 days a week
800.862.1799
<https://mentalhealthmn.org/>

Suicide Prevention

Dial or Text 988
<https://988lifeline.org/>

Veteran Assistance

MAC-V
Housing, Legal and employment services
833.222.6228
<https://www.mac-v.org/>

LSS Military & Veteran
Services
800.582.5260
<https://www.lssmn.org/services/military-and-veterans>

St. Cloud VA Medical Center
320.252.1670
<https://www.va.gov/st-cloud-health-care/>

Todd County Veteran
Services
320.732.4419
https://www.toddcountymn.gov/government/departments/veteran_services/index.php

MDVA Crisis Line
Confidential help for Veterans
and their families
Dial 988 x1
MDVA Support Services
888.546.5838
<https://www.veteranscrisisline.net/>

U.S. Department of Veterans
Affairs
800.698.2411
<https://www.va.gov/>

Veterans Linkage Line
888.546.5838
<https://www.linkvet.org/s/>

Wright County

Wright County Health &
Human Services
800.362.3667

<https://www.wrightcountymn.gov/217/Health-Human-Services>

We Care We Share
Free will offering Store
320.274.8881

Legal Assistance

Mid-Minnesota Legal Aid
877.696.6529
<https://mylegalaaid.org/>

Home Line (for Renters)
612.728.5767
<https://homelinemn.org>

Law Help MN
<https://www.lawhelpmn.org/>

Transportation

Trailblazer Transit Program
888.743.3828
<https://www.trailblazertransit.com/>

Care Cab
320-253-7729
<https://www.carecabmn.com/>

Housing Resources

St. Cloud HRA
320.252.0880
<https://stcloudhra.com/>

Wright County Community
Action(WCCA)
320.963.6500
<https://www.wccaweb.com/>

Tri-Cap
320.251.1612
<https://tricap.org/>

Substance Abuse + Recovery

Alcoholics Anonymous
<https://www.aa.org/>

Central MN Mental Health
Center (CMMHC)
763.888.9626
<https://cmmhc.org/>

Employment Help

Central MN Jobs & Training
Services
763.271.3700
<https://www.cmjts.org/>

Emergency Shelters

Stepping Stone
18+ year old shelter
763.323.7006
<https://steppingstoneeh.org/>

Salvation Army-St. Cloud
320.252.4552
<https://www.salvationarmyusa.org/mn/saint-cloud/highway-10-south-corps/>

Place of Hope
320.203.7881
<https://www.placeofhopemissionistries.com/>

Lincoln Center
612.868.0465
<https://homelesshelpinghomeless.org/>

Domestic Violence + Sexual Assault

Dial 911

Minnesota Day One
866.223.1111
<https://dayoneservices.org/>

Central MN Sexual Assault
Center
24-hour hotline:
320.251.4357
<https://cmsac.org/>

Rivers of Hope
763-295-3433
<https://riversofhope.org/>

Anna Marie's Alliance
Shelter for Women + Children
24 Hour Hotline:
320.253.6900
<https://annamaries.org/>

Alexandra House
Women and Children Shelter
763.780.2330

Terebinth Refuge
320.828.7721
<https://terebinthrefuge.org/>

Youth Services

LSS Youth
800.582.5260
<https://www.lssmn.org/services/youth>

Big Brother Big Sister
1-to-1 mentoring
651.789.2400
<https://www.bigstwincities.org/>

Addiction + Recovery

CentraCare-St. Cloud
320.229.3760
<https://www.centracare.com/locations/profile/st-cloud-hospital-addiction-services/>

Food Resources

Fare for All – Buffalo
763.450.3860
<https://www.thefoodgroupmn.org/groceries/fare-for-all/schedule/?location=45.1717846%2C-93.8747929%2C10%2CBuffalo%252C%2520MN%252C%2520USA>

Monticello Food Shelf
763.295.4031
<https://www.monticellohelpcenter.org/>

Wright County Community Action
320.963.6500
https://www.wccaweb.com/Program/Food_Shelf

FE-ED Program
612.803.0946 or
612.599.2229
<https://fe-ed.org/>

Clearwater-Clear Lake
Emergency Food Shelf
320.558.2954
https://www.clearwatercity.com/index.asp?SEC=4432FC2-4-BCB5-474D-94C2-E147C4BB4652&Type=B_BASIC

NourishingHOPE- Rockford,
Delano, Corcoran, Buffalo
and Hanover
763.477.6300

<https://www.ourfatherschurch.org/nourishing-hope.html>

STMA Food Pantry &
Community Outreach
763.200.1489
<https://www.stmafoodpantry.org/>

Cokato Food Shelf
320.333.7877
<https://www.facebook.com/CokatoFoodShelf/>

River Works Food Shelf
763.477.6098
<https://riverworksonline.org/food-shelf/>

Backpack Buddies
763.682.8700
<https://www.bhmschools.org/backpack-buddies>

Annandale Community
Food Shelf
320.274.3663
<https://www.annandalefoodshelf.org/>

Hanover Area Food Shelf
763.498.0086
<https://www.hanoverareafoodshelf.org/>

Delano Helping Hands
763.972.4455
<https://delanohelpinghands.org/>

Buffalo Food Shelf
763.684.1699
<https://buffalofoodshelf.com/>

Counseling Services

United Way
24/7 Support
800.543.7709

LSS Behavioral Health
800.582.5260
<https://www.lssmn.org/services/behavioral-health>

Mental Health MN
Free mental health support
9 am - 9 pm 7 days a week
800.862.1799
<https://mentalhealthmn.org/>

New Beginnings at
Waverly
800.487.8758
<https://cijik.com/fresh-start/rehab-centre/new-beginnings-minnesota>

Veteran Assistance

MAC-V
Housing, Legal and
employment services
833.222.6228
<https://www.mac-v.org/>

LSS Military & Veteran
Services
800.582.5260
<https://www.lssmn.org/services/military-and-veterans>

Veteran Transportation
218.947.7530

Wright County Veterans
Services
763.682.7325

<https://www.wrightcounmn.gov/218/VeteranServices>

St. Cloud VA Medical Center
320.252.1670
<https://www.va.gov/st-cloud-health-care/>

FE-ED Program
612.803.0946 or
612.599.2229
<https://fe-ed.org/>

U.S. Department of Veterans
Affairs
800.698.2411
<https://www.va.gov/>

Veterans Linkage Line
888.546.5838
<https://www.linkvet.org/s/>

Suicide Prevention

Dial or Text 988
<https://988lifeline.org/>